

# Friday, August 13th

## GYMNASTICS

Any 6th, 7th or 8th grader trying out for gymnastics, please make sure to turn in your physical and complete FamilyID in order to get a white card from Mrs. Smith. Please make sure to see Mrs. Smith for your white card before tryouts. **Tryouts are next Tuesday and Wednesday, August 17 & 18**, from 4:30-6:00 p.m. at Lake Central. If you have any questions, please email Coach Karen Barcelli ([kbarcell@lcscmail.com](mailto:kbarcell@lcscmail.com)).

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## PARENTS

**Parents, please do not send your children to school if they are exhibiting any COVID-19 symptoms. According to the CDC, COVID-19 symptoms are: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, and/or congestion.**

**Just a reminder, please make sure your children are charging their chromebooks at night so they are ready to go in the morning.**

**HAVE A GREAT WEEKEND!**