



# DAILY ANNOUNCEMENTS

## FRIDAY, NOVEMBER 8, 2024



**Boys Volleyball:** The LC Boys Volleyball Program will begin conditioning starting at 2:30 on Thursday November 14 in the weight room. They will continue to train on Tuesdays and Thursdays at 2:30 pm. You have to make sure you have your physical and all the Final Forms documents are completed. Anyone interested in trying-out be sure to show up.

**Track and Field:** Any boy that is currently not in a winter sport that would like to participate in Track and Field this spring should attend a call-out meeting in the LGI on Thursday, November 14 at 2:30.