



The Watson Wildcat Post

Watson Celebrates Our Nation's Veterans

November /
December

Volume 1, Issue 1

On Friday, November 9th we greeted more than 75 veterans into the building to honor them and the sacrifices they have made. Students were able to join their veteran for lunch before gathering in the gym for the program. Students sang the Star Spangled Banner, America, You're a Grand Ole Flag, and other Patriotic anthems as many veterans smiled and sang along. Teachers gave some background on

Veteran's Day—how it began and how it has changed over the years as students sat captivated. Many students sang solos and a member of Grimmer



our veterans and was enjoyed by all.

Middle School's band played a moving rendition of TAPS. Overall, the program was a wonderful tribute to



Special points of interest:

- ✓ Veteran's Day Ceremony
- ✓ Food Drive
- ✓ Winter Carnival Information
- ✓ Kid's Yoga!
- ✓ Peace First Program
- ✓ Winter Break Enrichment Ideas
- ✓ Watson's Famous Faces

Student Council Food Drive

In November, Watson's Student Council Students sponsored a Food Drive for the Northwest Indiana Food Pantry. Mrs. Perry worked diligently to organize, collect, and deliver more than 1,000 items that students brought in over

the course of the week. Kindergarten students were the big winners, having brought in more than 200 items. They earned an extra recess as a reward. The collected goods will come as a big help to families in need during the

upcoming Holiday Season.



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The Book Corner

The Christmas Wish by Lori Evert is a beautiful book filled with stunning illustrations. The book tells the story of Anja, a young girl who lives near the North Pole and dreams of becoming one of Santa's Elves. One day, she decides to do something about it and sets out to find Santa's workshop. She relies on some help from her woodland friends as she makes her way to find Santa to see if he can make her special Christmas Wish come true.

I recommend this book because I loved the gorgeous pictures inside and the story kept me turning the pages to discover if Anja's Christ-

mas Wish comes true. I urge you to check it out for yourself.



Smart Study Tips

Get a good night's rest!

- Did you know, losing one night's sleep can have an effect on your memory for up to four days?

Hard work pays off!

- Did you know, the harder something is for you to remember—the harder it will be for you to forget.

Reading is FUNdamental

- Did you know, parents and teachers who read aloud and talk often to young children are promoting brain development

Kid's Yoga with Mrs. C.

Mrs. Claesgens offers students an opportunity to practice Yoga twice weekly. This program has been offered since 2014 and has been shown to help focus and improve concentration.

Yoga helps kids achieve a sound mind and a sound body by exercising and calming their spirit. At Watson's "Kid's Yoga", students are introduced to relaxation tech-

niques, deep breathing, and stretching as a strategy to promote physical and emotional well-being. Students follow a video model of basic yoga poses, basic breathing, and mindfulness techniques. Research has shown that long-term practice of mind-body skills positively impacts stress levels of students, especially at a younger age. "Kids Yoga" ses-

sions are offered to students in grades 1-4 on Monday & Wednesday mornings from 7:30-8:00am with Mrs. Claesgens. If your student is interested in participating, please contact Mrs.



Watson's Winter Carnival

Watson's 3rd Annual Winter Carnival will be brought to you by our amazing PTO on Friday, November 30th from 5:30-8:30pm.

You will not want to miss this amazing event. Families will have games, food, pictures with Santa, and most importantly, FUN! There is a DJ for this event, with a silent auction and instant raffle. Tickets for games can be purchased in ad-

vance or at the Carnival. Our incredible PTO will be selling food and Ice-cream and cookies will be available too. All games, crafts, food, cake-walk, balloon art, and face painting will all require tickets. Tickets purchased in advance are at

a discounted price. We hope to see all of our Watson families there!!



Watson Puts Peace First

Watson is cultivating the next generation of peacemakers by offering an opportunity for our students to participate in Social Emotional Learning Enrichment. Mrs. Claesgens, School Service Provider, is teaching the Peace First—Peacemaking Skills Curriculum, to participating classes in grades Kindergarten through 4th each quarter for 7-9 weekly sessions.

Peacemaking can be taught, just like reading and math. The Peace First curriculum is designed to

teach and reinforce the core social/emotional skills of communication, conflict resolution, cooperation, and empathy through fun and engaging lessons for each grade level. Lessons allow students to learn and practice these essential peacemaking skills through stories, role-play, and games.

By teaching students to become Peacemakers we build a community where all feel safe and respected.

All early childhood through 4th grade classes are also participating in monthly social-emotional learning.

- Written by Mrs. Claesgens



Winter Break Educational Enrichment

Winter Break begins on Monday, December 24th and goes until Monday, January 7th—students will return for classes on Tuesday morning. We hope all of our students and caregivers enjoy their time away from school and take advantage of the rest and relaxation that this time brings. If you're looking for some fun and educational games and apps to keep their little minds busy we wanted to offer you

the following free resources.

Reading Eggs

Students use Reading Eggs at school to help enrich their reading instruction. This can be accessed from home as using a home computer or app on your phone or tablet.



Dreambox

Students use Dreambox learning to enrich their math instruction. This can also be accessed from home via the computer or a user-friendly app on most phones and tablets.



Winter Weather Updates & Information

With the winter weather taking us all by storm, we want to share some tips for what to expect in the event of a school cancellation or delay.

In order to be sure to receive the most updated information, double check to make sure that your phone number and the email you use most often are up to date in Skyward as that is the information that drives

our School Messenger system.

In the event of a cancellation, classes are cancelled for the entire day. Busses will not operate and Adventure Club is closed.

In the event of a 2-Hour Delay, school would begin two hours later than usual, so our start time would be 10:00am. Similarly, the bus schedule would also be two hours

later, for example if your student is picked up at 7:30 on a normal day, in the event of a 2 hour delay—the bus would pick them up at approximately 9:30am.

Additionally, in the event of a 2-Hour Delay, all morning groups such as Kids Yoga and Tutoring are cancelled and breakfast would not be served.



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You can find up to date information on our web page:
www.watson.lcsc.us

The mission of the Lake Central School Corporation, as a family, community, and school partnership, is to ensure that each student becomes a self-directed learner and a contributing, responsible citizen through an instructional delivery system that engages students in achieving their personal best.

Watson's Famous Faces

