

## LAKE CENTRAL ATHLETICS

**Director of Athletics: Mr. Chris Enyeart** 

<u>Assistant Director of Athletics</u>: Mr. Jeff Sandor

**Administrative Assistant: Mrs. Cheryl Fulk** 

**Administrative Assistant: Mrs. Erin Graves** 

#### OFFICIAL LC ATHLETICS WEBSITE

http://athletics.lcsc.us

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## **Athletics Philosophy**

- Athletics is a part of the total educational program experience.
- This should be a positive experience.
- Being an athlete is a privilege not a right.

#### Coach & Parent Communication

#### Communication You Should Expect From Your Child's Coach :

- Team guidelines (rules) regarding: practice, attendance, physical appearance, and lettering policy
- Practice Schedule with locations and times of all practices and contests.
- Transportation guidelines
- Team requirements, i.e., fees, special equipment etc...
- Procedures should your child be injured during the participation
- Hazing policy

#### Communication Coaches Expect from Parents:

- Notification of any schedule conflicts well in advance.
- Any concerns expressed directly to the coach.
- Specific concerns in regard to a coach's philosophy and or/expectations.

#### Appropriate Concerns to Discuss with Coaches:

- The treatment of your child, mentally and physically.
- Ways to help your child improve.
- Concerns about your child's behavior.
- We understand that it is very difficult to accept your child not playing as much as you may hope. Coaches are professionals and they make judgment decisions based on what they believe to be best for their teams and all students involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things must be left to the discretion of the coach.

## Coach & Parent Communication (cont.)

#### Issues Not Appropriate to Discuss with Coaches:

- Playing time
- Team strategy
- Play calling
- Team Placement
- Other student-athletes

#### Procedures if you have a Concern to Discuss with the Coach:

- Call to make an appointment with the coach. Our athletic website <a href="http://athletics.lcsc.us/">http://athletics.lcsc.us/</a> has a complete coaches directory.
- Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.
- If the meeting with the coach did not provide a satisfactory resolution contact the athletic director, Mr. Enyeart at 219-365-8551 extension 2051 to make an appointment.

## **COVID-19 Protocols**

- When to contact the athletic department and school.
  - Close Contact with a person who has tested positive for COVID (within 6 feet for a period of 15 minutes or longer over a 48 hour period), quarantines follow the LCSC Policy approved by the School Board.
  - If you are intending to or have been tested for COVID
  - When you develop any of the symptoms listed below
  - If you are not feeling well, stay home until symptoms subside for 24 hours

#### Symptoms:

 Fever/Chills, Cough, Shortness of Breath/Difficulty Breathing, Fatigue, Muscle/Body Aches, Headache, New Loss of Taste or Smell, Sore Throat, Congestion/Runny Nose, Nausea or Vomiting, and Diarrhea

## Lake Central Facility/Spectator Plans

- Masks are required for all spectators attending an athletic event indoors.
- Masks are strongly encouraged for all outdoor events.
- Proper social distancing is strongly encouraged at all events.

## Transportation

- Coaches are required to have assigned seats for all trips on file in the athletic office.
- Masks are required to be worn at all times.
- If you prefer to drive your child to and from contests you must submit the attached request for each event, it is also posted to our athletic website.

### Athletic Fees

- Athletic Department Fees (\$60.00)
- Transportation Fee: the fee is \$30.00 (per sport)
- This is a required fee for each sport in which the student participates during the school year.
- Athletes are expected to ride the team bus to and from competitions. There are no exceptions, unless emergency circumstances warrant alternative transportation.
- Fitness Fee (Weight Room & Training Room): the fee is \$30.00 (per sport)
- This is a required fee for each sport in which the student participates during the school year.
- Lake Central School Corporation Fees (\$100.00)
- This is a required annual fee for participation in extracurricular activities at Lake Central. This fee is separate from all other fees. Fee is payable online at the LC online store or a check to Lake Central School Corporation

#### **ELIGIBILITY/ATTENDANCE**

#### ELIGIBILITY

- Must maintain exemplary behavior
  - No Conduct Violations
- Must Pass a minimum of 5 classes (9-wks & Semester)
- Grade changes by a teacher need to be in writing, recorded with the guidance office, and submitted to an electronic file before reinstatement

#### ATTENDANCE

- For Practice or a Game
- In order to participate in athletics daily, an athlete must be in attendance by the end of 1<sup>st</sup> hour on a 4 period day and the end of 2<sup>nd</sup> hour on a 7 period day. We will still verify attendance for eLearners as teachers are required to enter them.
- Exceptions may include: funerals, court appearances, college visitation...etc.

## **Code of Conduct and Expectations**

- The Code of Expectations is a four year commitment. The code applies to the student's entire extracurricular career at Lake Central on a 24/7/365 basis to conduct both at school and off school grounds.
- Sportsmanship/Behavior
- Personal Relationships
- Technology: content on cell-phones, web pages, etc.
- Drug Testing

## Student Code of Conduct

- Type 1 Drugs & Paraphernalia
  - Being arrested for/testing positive/or possessing, using, consuming, or being under the influence of a controlled substance or possession of paraphernalia.
    - 1st offense-Expulsion from athletics/extracurricular activities for 365 days.
      The expulsion from activities may be reduced to 50% of the current and/or next participating season if the student completes a substance abuse program by a licensed professional (online program not accepted), deliver a certificate of completion to the Athletic Director, referral to their school counselor and completion of 12 school service hours.
    - 2<sup>nd</sup> offense-Permanent expulsion from athletic and extracurricular participation

- Type 2 Alcohol
  - Possessing, using, consuming, or being under the influence of alcohol.
    - 1st offense-Two game suspension and enrolled in the educational program offered by LCHS weekly. Failure to attend the meeting will result in permanent suspension until the program has been completed.
    - 2<sup>nd</sup> offense-Expulsion from athletics/ extracurricular activities for 365 days.
      The expulsion from activities may be reduced to 50% of the current and/or
      next participating season if the student completes a substance abuse
      program by a licensed professional (online program not accepted), deliver a
      certificate of completion to the Athletic Director, referral to their school
      counselor and completion of 12 school service hours.
    - 3<sup>rd</sup> offense-Permanent expulsion from athletic/extracurricular participation

#### Type 3 Tobacco

- Possession and/or use of tobacco products and electronic or battery operated devices. These devices include but are not limited to vaporizers, electronic cigarettes, MODS, etc.
  - 1st offense-One game suspension and enrolled in the educational program offered by LCHS weekly. Failure to attend the meeting will result in permanent suspension until the program has been completed.
  - 2<sup>nd</sup> offense-50% suspension of the current season and/or next participating season, enrolled into the educational program offered by LCHS weekly, referral to their school counselor and completion of 12 school service hours.
  - 3<sup>rd</sup> offense-Permanent expulsion from athletic/extracurricular participation
- Type 4 Conduct Unbecoming of an Athlete
  - Unlawful conduct, disruptive conduct, hazing, harassment, nontraffic misdemeanor, conduct unbecoming a Lake Central student-athlete.
    - Determined by principal, athletic director, school assistant principal, and/or head coach.

## Athlete Pickup & Supervision

- Parents must park in the parking spots on campus and allow student-athletes to walk to the vehicle
- Creating parking lines in front of the complex your child is practicing creates an unsafe environment for parents, athletes, students and visitors to our complex as our campus is always utilized
- Student-Athletes should only be working out on campus under the direct supervision of a LCHS coach

### **EventLink**

- Go to <u>www.eventlink.com</u> and Sign Up
  - Search for School Name
  - Enter Account Information
  - Subscribe to any team or event calendars
  - Activate your email/cell phone notifications
  - Can add or edit subscriptions and notifications within your account at any time

## FamilyID (online registration)

- All Athletic participants must complete registration process at <a href="http://www.familyid.com/lake-central-high-school">http://www.familyid.com/lake-central-high-school</a>
- Physical is then turned into the Athletic office and white card is issued to verify that your child is cleared to participate
- This process must be completed each school year (information migrates over).

# LAKE CENTRAL ATHLETICS Booster Club

- Contributed over \$20,000 to athletics for the 2020-2021 school year.
- Donations assist to minimize some cost and fees to purchase equipment, uniforms and scholarships.
- Support the Tribe, each athlete will get an envelope at the beginning of the season. This includes event tickets and two types of raffle tickets. Please sell these items as all proceeds are donated back to the athletic department and then used to purchase equipment or uniforms on a rotation basis.
- LC Booster membership available at <u>www.lchsabc.club</u>
- Contact President Cathy Tinsley with any questions via email at vp1@lchsabc.club.
- Meetings are held the 2<sup>nd</sup> Monday of every month at 7 PM in room H205 (near hospitality room of the main gym)

## Sports Passes

- Sports passes may be purchased online at Eventlink.
- Cost is \$7 for all varsity football, JV/V Girls Basketball and JV/V Boys Basketball. All other contests are \$6. All indviduals from Kindergarten and up must have a ticket.
- Tickets are only available online through Eventlink
- Information sheet attached to the email.