



## **Girls' Swimming**

**Lake Central 108, Valparaiso 78:** Jourie Wilson won the 50-yard freestyle (25.65 seconds) and 100 backstroke (1 minute, 97 seconds) to lead the Indians to a Duneland Athletic Conference win over the Vikings.

## **Boys' Swimming**

**Lake Central 125, Valparaiso 60:** Eric Tinsley won the 200 IM (2:04.17) and the 100 breaststroke (1:03.05), while teammate Riley Ingram won the 100 free (49.19) and 50 free (22.35) to lead the Indians over the Vikings in DAC action.