

LMSAC SEVENTH GRADE FOOTBALL SEASON 2022

Purpose: The seventh grade football season is an instructional season where emphasis is placed on teaching skills and concepts.

Season Length: The season will consist of three weeks preparation and two weeks of competition, for a combined five week season. Competition will come in the form of controlled scrimmages between two schools or in an O'Rama setting. Scrimmages will be held during the IHSAA Calendar weeks of 42 and 43. A sixth week (IHSAA week 44, can be used for weather related make up dates).

General Procedure:

1. All games will be a controlled scrimmage.
2. Coaches are allowed to be on the field with the players.
3. First downs are not kept.
4. Scores are not kept.
5. Penalty violations will not be marked off, but should be addressed by the respective coach.

Offensive Rules/Procedures:

1. The ball will be placed on the 50 yard line.
 - a. Oramas may place the ball at the 40, with two groups going at one time.
2. The offensive team will have a 10 minute running clock. Each team may run any legal formation or play that will assist them in teaching their system.
3. Center/Quarterback exchange fumbles will be blown dead right away, and the play ran again.
4. In the case of a turnover, the ball will be blown dead and placed on the 50 yard line.
5. Each coach is responsible for watching and correcting penalties.
6. If a coach needs more time to set up plays or arrange the young players, the start of the play will be delayed, within reason.

Defensive Rules/Procedures:

1. To keep things simple for instructional purposes, each school will run the base defense that will benefit their program. The base defenses to choose from are, 50 or 40 fronts with head up alignment for interior lineman, and head up to outside alignment with the ends, secondary should be in a Cover 2.
2. NO BLITZING or STUNTING is allowed.
3. The ball will be spotted by the defensive coaches and/or varsity player volunteers.
4. The Defensive Coaches are responsible for keeping track of the time.p
5. Each Coach is responsible for watching and correcting penalties.

6. If a coach needs more time to set up plays or arrange the young players, the start of the play will be delayed, within reason.

Participating Schools:

Highland, Lake Central Blue, Lake Central White, Lowell, Pierce Purple, Pierce White, Wilbur Wright

Bold = host school Start times: **see below** Admission: \$4 adults; \$2 students

<u>Tuesday, 4/19/2022 - 5:30pm</u>	<u>Wednesday, 4/20/2022 - 5:30pm</u>	<u>Thursday, 4/21/2022 - 5:00pm</u>
Highland	Highland	Lowell
LC Blue	LC Blue @ Kahler	Pierce Purple
LC White	LC White	Pierce White
Lowell	Pierce Purple	Wilbur Wright
Wilbur Wright	Pierce White	
<u>Monday, 4/25/2022 - 5:00pm</u>	<u>Tuesday, 4/26/2022 - 5:30pm</u>	
Highland	Highland	
Lowell	LC Blue	
Pierce Purple	LC White	
Pierce White	Lowell	
Wilbur Wright	Pierce Purple	
	Pierce White	
	Wilbur Wright	

May 2

Weather Make-up Day

May 4

Weather Make-up Day