

Crew = You + Three

Unlimited Group Training Sessions
Unlimited Hydro-Massage
Unlimited Studio Access

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Discount on Private Discounts on Merchandise

Memberships Must be purchased on the Same Day, Paid in Full, All Participants Subject a \$25 Enrollment Each Crew will Have the Opportunity to Participate in a 6 Week Crew Challenge with Nutrition Counceling, Fitness Consultations for Free!

Challenge Requirements

Each Crew Must Have a Name
Minimum of Three Sessions Weekly
Must Facebook Check-In at Every Session
Must Follow Nurtrition Counceling
Must Take a Before Picture
Must Bring in One Goal Article of Clothing
Must Journal - Additional Requirements TBA

